



Class Schedule

Little Dragons (Ages 3, 4 and 5) Class Schedule

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|---------------|---------------|------------------------|------------------|-----------------|---------------|-----------------|
| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Little Dragon | | 4:00-4:30 5:45-6:15 | | 5:00-5:30 | | 11:15-11:45 |

Little Samurais (Ages 4,5,6, and 7) Class Schedule

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|----------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Little Samurai | | | 4:30-5:15 | | | 9:00-9:45 |
| Little Samurai | 4:30-5:15 | | 5:30-6:15 | | | 12:00-12:45 |
| Little Samurai | 5:30-6:15 | | | | | |
| Little Samurai | | 4:00-4:45 | | 4:00-4:45 | | |

Karate Kids (Ages 7-13) Class Schedule

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|------------------------------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Youth Beginner | 4:00-4:45 | | 4:00-4:45 | | | |
| Youth Beginner | 5:30-6:15 | | 5:30-6:15 | | | |
| Youth Beginner | 6:45-7:30 | | 6:45-7:30 | | | |
| Youth Beginner | | 5:00-5:45 | | | | 9:00-9:45 |
| Youth Beginner | | 5:45-6:30 | | 5:45-6:30 | | |
| Youth Beginner (double session) | | | | | | 10:00-11:30 |

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| <u>Youth:</u> | | | | | | |
| Intermediate | 4:00-4:45 | | 4:00-4:45 | | | |
| Intermediate/Adv | | 5:00-5:45 | | | | 9:00-9:45 |
| Intermediate/Adv | 5:30-6:15 | | 5:30-6:15 | | | |
| Intermediate/Adv | | 5:45-6:30 | | 5:45-6:30 | | |
| Intermediate | 6:45-7:30 | | 6:45-7:30 | | | |
| Intermediate/Adv. | | 6:45-7:35* | | 6:45-7:35* | | |
| Intermediate (double session) | | | | | | 10:00-11:30 |

*By invitation only

ADULT and TEEN CLASSES

Teen (Ages 13 & up) -Class Schedule

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|------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Teen | 6:45-7:30 | 6:45-7:45 | 6:45-7:45 | 6:45-7:45 | | |

Adult (Ages 14 & up) Class Schedule

| | | | | | | |
|-----------------------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Parent Class | 5:30-6:15 | | 5:30-6:15 | | | |
| Adult Beginner | 6:45-7:45 | | 6:45-7:45 | | | |
| Adult Beginner | | 6:45-7:45 | | 6:45-7:45 | | |
| Adult Beginner/Parent Class | | | | | | 9:00-9:45 a.m. |

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|---------------|---------------|----------------|------------------|-----------------|---------------|-----------------|
| <u>Adult:</u> | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> | <u>Saturday</u> |
| Intermediate | 6:45-7:45 | | 6:45-7:45 | | | |
| Intermediate | | 6:45-7:45 | | 6:45-7:45 | | |

Advanced 6:45-7:45* 6:45-7:45*

*By invitation only

ADDITIONAL WORKOUT TIMES

Free Tutoring (Every Saturday of the month)- **Check the calendar to confirm** 10:00-11:00 am.
Open Floor (Every Saturday of the month)- **Check the calendar to confirm** 10:00-11:00 a.m.

Doshi Kai 6:45-7:45 (Adult)* 6:45-7:45 (Youth)*

*Note: usually the first Wed. & Thurs. of Month (Check monthly calendars)