



Class Schedule

Little Dragons (Ages 3, 4 and 5) Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Little Dragon		4:00-4:30		5:00-5:30		11:15-11:45

Little Samurais (Ages 4,5,6, and 7) Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Little Samurai						9:00-9:45
Little Samurai	4:30-5:15		4:30-5:15			12:00-12:45
Little Samurai	5:30-6:15		5:30-6:15			
Little Samurai		4:00-4:45		4:00-4:45		

Karate Kids (Ages 7-13) Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Youth Beginner	4:00-4:45		4:00-4:45			
Youth Beginner	5:30-6:15		5:30-6:15			
Youth Beginner	6:45-7:30		6:45-7:30			
Youth Beginner		5:00-5:45				9:00-9:45
Youth Beginner		5:45-6:30		5:45-6:30		
Youth Beginner (double session)						10:00-11:30

Youth:

Intermediate	4:00-4:45		4:00-4:45			
Intermediate/Adv		5:00-5:45				9:00-9:45
Intermediate/Adv	5:30-6:15		5:30-6:15			
Intermediate/Adv		5:45-6:30		5:45-6:30		
Intermediate	6:45-7:30		6:45-7:30			
Intermediate/Adv.		6:45-7:35*		6:45-7:35*		
Intermediate (double session)						10:00-11:30

*By invitation only

ADULT and TEEN CLASSES

Teen (Ages 13 & up) -Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Teen	6:45-7:30	6:45-7:45	6:45-7:45	6:45-7:45		

Adult (Ages 14 & up) Class Schedule

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Parent Class	5:30-6:15		5:30-6:15			
Adult Beginner	6:45-7:45		6:45-7:45			
Adult Beginner		6:45-7:45		6:45-7:45		
Adult Beginner/Parent Class						9:00-9:45 a.m.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
<u>Adult:</u> Intermediate	6:45-7:45		6:45-7:45			
Intermediate		6:45-7:45		6:45-7:45		

Advanced 6:45-7:45* 6:45-7:45*

*By invitation only

ADDITIONAL WORKOUT TIMES

Free Tutoring (Every Saturday of the month)- **Check the calendar to confirm** 10:00-11:00 am.
Open Floor (Every Saturday of the month)- **Check the calendar to confirm** 10:00-11:00 a.m.

Doshi Kai 6:45-7:45 (Adult)* 6:45-7:45 (Youth)*

*Note: usually the first Wed. & Thurs. of Month (Check monthly calendars)